



"Children will be inspired to become curious learners, who have the resilience and confidence to succeed in life."



Physical Education

Intent

At Medlar with Wesham, we want our children to keep mentally and physically fit. We want our children to love physical education and sport. We want them to have no limits to what their ambitions are and grow up inspired to be sport journalists, sport analysts, physiotherapists, personal trainers, nutritionists or gold medal winners.

At Medlar with Wesham Primary School, we believe, through experiences and a broad balanced and progressive curriculum tailored to all children, they will continue to have the confidence, physical competence, knowledge, motivation, knowledge and understand to value and take responsibility for their engagement in PE, physical activity, and sport.

Our intention is to develop a life long love of PE, sport and physical activity for every child at Medlar with Wesham. We help all children to make rapid progress in the social, mental and physical development. This helps them maintain a positive mental and physical outlook for the future.

Curriculum Coverage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rainbow Fish	FMS Baseline	FMS	FMS	FMS	FMS	FMS
Seahorses	FMS Baseline Unit	FMS	FMS	FMS	FMS	FMS
Turtle	OAA	Dance and Gymnastics	Gymnastics and Health Related Fitness	Invasion Games	Athletics and swimming	Net and Wall and swimming
Marlins	Net and Wall and swimming	Dance and swimming	Gymnastics and Dance	Invasion	Athletics	Striking and fielding
Dolphins	OAA	Gymnastics and Dance	Gymnastics and Dance	Net and Wall	Athletics	Striking and fielding
Sharks	OAA	Gymnastics and Dance	Net and Wall	Invasion	Athletics	Striking and fielding



And whatever you do, in word or deed, do everything in the name of Lord Jesus, giving thanks to God the Father through Him.

Colossians 3:17



Expectations

Learning Model

Connected



Our work is built around
cognitive load theory
principles of instruction
evidence informed practice

Cumulative



We believe learning isn't an
event. It must be knowledge-
rich, vocabulary-rich
and skilful

Coherent



Sequence matters
systematically planned
explicit instruction
supports acquisition of
curriculum content

Evidence and Assessment

Pictures and videos of lessons saved
on PE Passport.

Key vocabulary identified and used
in each lesson.

Wider Opportunities

Enter a wide range of competitions
and festivals with Wyre and Fylde
Schools Sports Partnership.

After Schools Clubs with AFC
Coaches.

Health Week in school.

Examples of Work



Year 1



Year 2



Year 3



Year 4



Year 5



Year 6